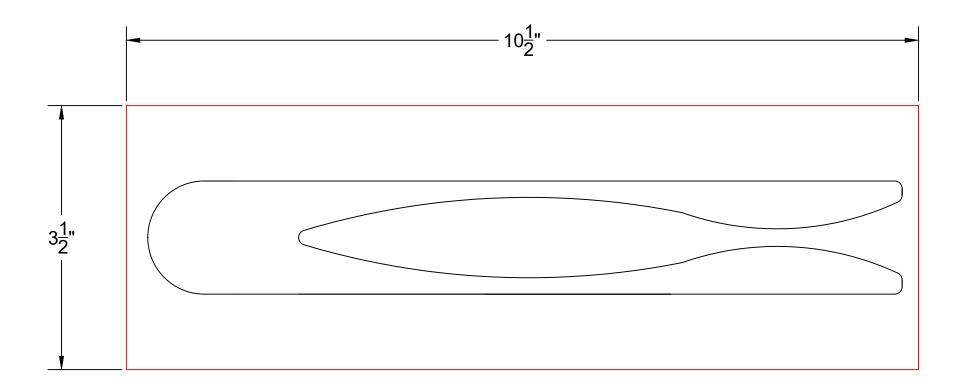
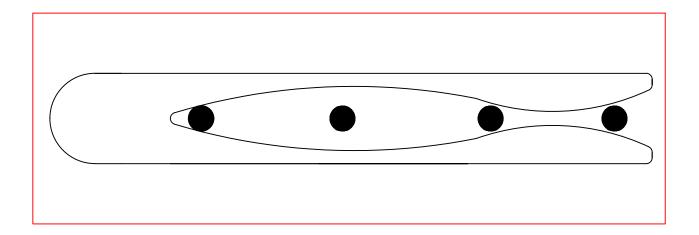
Métis Instrument Project: Step 1 -Wooden Spoon Template 1:1 scale -Prepare a template to trace on wood. Use carbon copy tracing paper to imprint the shape or cut out the shape from this paper to trace.

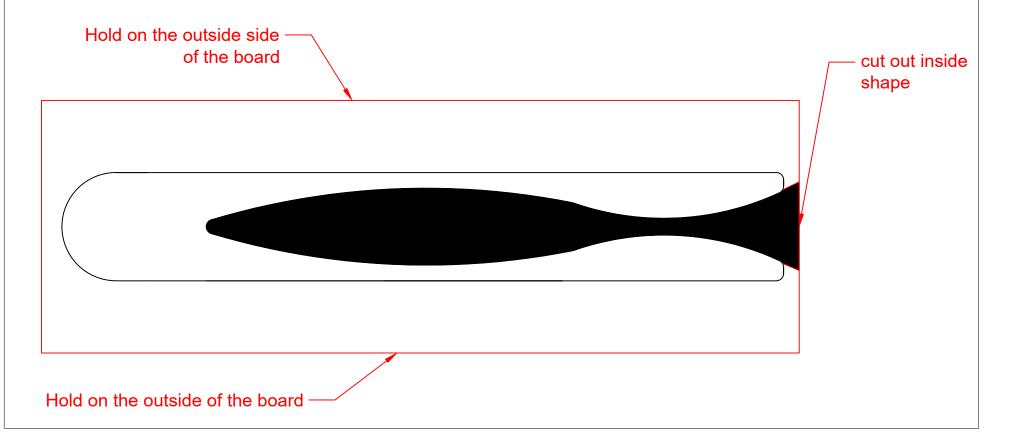
-Use the spoon's side view template to trace it's shape in the middle of a 2 by 4 board.



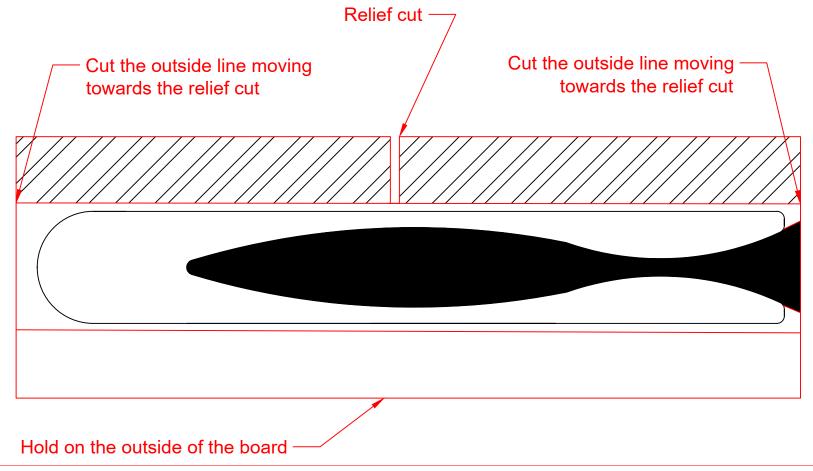
- -Plan to cut the inside shape first.
- -Use a drill or drill press to bore relief holes through the 2 by 4. Bore as many holes as you feel is needed.
- -These relief holes will make the cutting safer and easier.



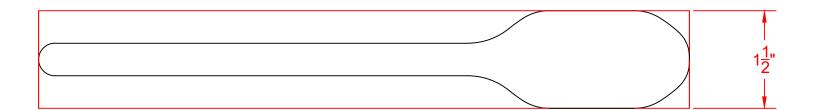
- -Cut the shape with a band saw. Ensure you have been given instruction and have practiced safe procedures for this tool.
- -Be sure to always keep fingers to the sides of the blade. Never have a finger in front of the blade. For this cut hold the board on the outside of the 2 by 4.
- -Be patient and take time to cut safely. Plan how you will make your cut.
- -Make multiple cuts using the relief holes make the shape. To back out the blade be sure to turn off the saw and wait for the blade to come to a complete stop before guiding the blade out of the cut.



- -Use the band saw to cut the sides of the shape.
- -Review safety and procedures to make these cuts.
- -Make a relief cut in the middle of the board. This way you will be able to make cuts from both directions. This will make cutting the length safer.
- -Hold the board with both hands on the same side while cutting. Never have a finger in front of the blade.
- -Repeat the plan and cut the other side of the shape.

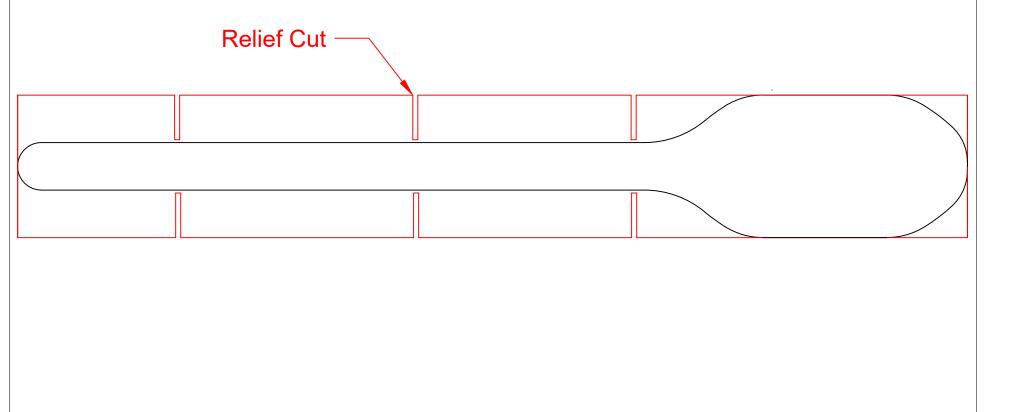


- -Turn the board on it's side to trace on the width of the 2 by 4 piece.
- -Use the spoon top template to trace the shape on the top.



Step 7:

- -Use the band saw to cut out the top shape of the wooden spoons. Review your safety procedures.
- -Make relief cuts along the shape. This will allow you to cut from both lengths of the shape. This will ensure a safer and easier cut.
- -Hold the board on the outside with both hands. Never have a finger in front of the blade.



- -Use a stationary belt sander to shape of the wooden spoons.
- -Take time to smooth all the sides to fine finish.
- -Use sand paper and hand files to smooth the face, sides and inside of the work piece.
- -Apply a finishing stain and or clear coat to your work piece. You may even want to use a wood burning pen to add a design.

 Step 9:
- -Play Music! Tap your wooden spoons along to some Métis tunes!

